

BIUMC UPWARD BBALL RULES

Kindergarten and 1st GRADE

1. Referees will lead both teams in prayer at center court before every game.
2. Goal is 8 feet
3. Ball is 28.5”
4. Referees will determine which team gets the ball first, no jump ball
5. Games consist of six, 6-minute segments and an 6 minute halftime. One minute is allotted for substitutions between segments.
6. Score will not be kept for the first half of the season and may or may not be kept at the end of the season (upto discretion of referees and coaches)
7. Man to Man defense will always be used (no zone defense) and players will guard their player as designated by the same color wrist band. Although if an opponent is unguarded by his defender, another player may help defense just long enough for the correct defender to get into position.
8. 3-second violation will not be called.
9. There is no over and back violation, for the offense due to smaller court size and no defense allowed in the back court. Defenders will wait at half court for the offensive.
10. One coach is allowed (encouraged) to be on the court during play to help guide, encourage and instruct players.
11. Stealing the ball off a pass is allowed.
12. Stealing the ball off the dribble is not allowed.
13. Double dribble and travelling violation is called in most circumstances, at the referees discretion, ball may or may not be turned over to the opposing team.
14. Fast breaks are allowed in any transition situation.
15. Clock runs continuously.
16. Defensive fouls will be called and returned to offense. Shooting fouls will not be a free throw due to continuous running clock (possibly will change later in the season).